

NUTRITION

Talk

Week 7: Nutrition Jeopardy

Materials:

- Nutrition jeopardy board
- Spray Bottle
- Vis-à-vis wet erase marker
- Towel

Set up:

1. Take out nutrition jeopardy board
2. Remove all Velcro point values
3. If there is writing from a previous activity on your board, take the spray bottle and towel to wipe off any writing
4. Use the Vis-à-vis marker to write down the new questions attached to this sheet
5. Attach the point values back to the board with the Velcro
6. You're ready to go!
7. Alternative option: If you do not want to write down the questions by hand, you may use the guide and read students the questions aloud.

Activity:

This week we are playing nutrition jeopardy. Generally, I think it's a good idea to allow students to come up to you and peel off which point value they want because it is more interactive. Some students may want to stick around and play more rounds, and we highly encourage that (just make sure 1 prize per person)!

Attached on the next couple pages are the questions and their respective answers.