

Welcome to Nutrition Talk! Week 5

Tuesday, November 1, 2016

"Oops!" Moment



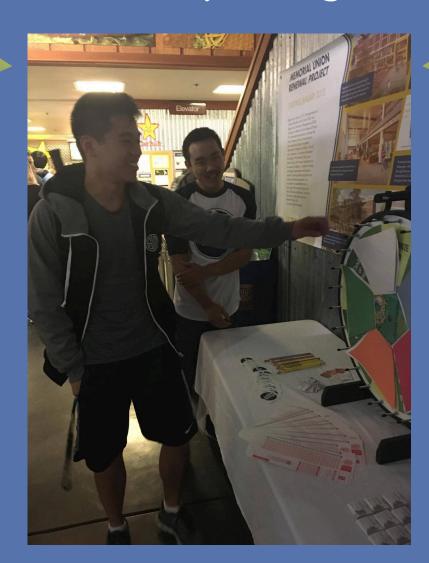
"The Interns"

Nutrition Interns Fall 2016

Nutrition Talk



Weekly Spotlight



Weekly Spotlight

















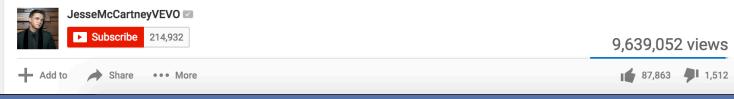
Next Week: Macronutrient Jeopardy



Trendy Tip



Jesse McCartney - Beautiful Soul (Official Video)



Words of Wisdom

 "Happiness can be found even in the darkest of times if one only remembers to turn on the light."

-Albus Dumbledore