



Welcome to Nutrition Talk!

Week 7

FRIDAY, MAY 19, 2017



Ice Breaker

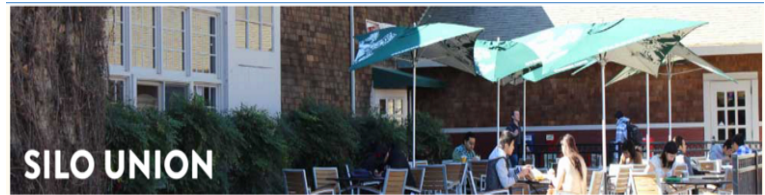
One aspect you love about your major and one thing you would change.



Nutrition Marketing-What Makes a Healthy Aggie?



Debrief



Next Week-Everyday food items

- Eggs
- Milk (dairy, almond, soy)
- Spinach
- Peanut butter
- Nuts
- Various fruits/veggies

Friendly Reminders

- Healthy Aggies baseball tee
- **Nametags** (finally!)
- Smile
- 15 minute break



Aggie Food Connection Fair (5/17/17)



Thank Goodness for Staff Fair 5/24/17

“Thank Goodness for Staff” on Wednesday, May 24th, Russell Park Field

****Minimum 2 interns per each time slot; if you are interested in volunteering for multiple timeslots, please feel free to do so.

	<i>10:00 am - 1:30 pm</i>
<i>Coordinator</i>	Elizabeth von Klan, Karina Almanza
<i>Intern</i>	
<i>Intern</i>	
<i>Intern</i>	



Additional Hours

- Read a nutrition-related article, write a summary and present to peers
- Make Healthy Aggies Posters
- Sign up for tabling events

- Help Karina out with miscellaneous tasks

SNO End of Year Potluck

- May 25th 6:30-7:30 PM in Segundo Service Center 2330
- Free pizza
- All current and past interns invited

