

# Welcome to Nutrition Talk! Week 2

#### Ice Breaker

A significant, interesting, or funny picture on your phone



#### Mission Statement

• "We are Healthy Aggies, a \_\_\_\_\_\_ education program run by students, for students, and supported by UC Davis Dining Services Sustainability and Nutrition Office. Our mission is to teach and encourage \_\_\_\_\_ eating on and off campus - be it at the DC, downtown, or home. Using science based evidence and administering nutrition education events, we want to inspire our peers to not only make more mindful choices but to make them a habit for a healthy lifestyle."



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#### Debrief











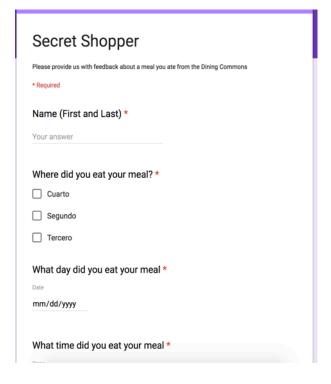
## Friendly Reminders

- Healthy Aggie baseball tee
- We just ordered nametags
- Smile
- 15 minute break
- Timesheets
- Secret shopper



### Secret Shopper Forms

- Up to 4 per week preferably at different DC's (though not required)
- No more one word responses
  - "N/A", "good", "bad", etc.



## Tabling Topics

- Fall Quarter
  - Stacy and Aaron come up with all topics
  - Interns came up with your own topic the last week
- Winter Quarter
  - Stacy and Aaron did first 2 weeks
  - Each team created topics for subsequent weeks
- Spring Quarter
  - Brainstorm together

## Aggie 5K

If you register by **April 14**, you'll be guaranteed a shirt and save money on registration costs. Regular registration rates apply April 15–25 and on the day of the event. Refer to the price chart below.

Eligibility Group	Early Registration (Valid until 4/14/17)	Registration Rates (Valid 4/15/17–4/25/17 and day of the event, 4/30/17)
Youth (age 12 and under)	\$5	\$10
Students * (age 12 and older)	\$10	\$15
Staff/Faculty	\$15	\$20
Non-Student	\$20	\$25

<sup>\*</sup> Student rate available to students in K-12, attending any college, professional and graduate school.